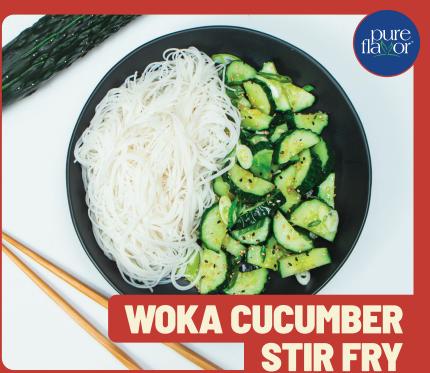
## THE CONTRACTOR STIR FRY CUCU MBER



## INGREDIENTS

3 CT PURE FLAVOR<sup>®</sup> WOKA<sup>™</sup> CUCUMBERS, sliced in half moons 2 GARLIC CLOVES, finely chopped 1 GREEN ONION, sliced 1 TBSP CANOLA OR PREFERRED NEUTRAL COOKING OIL SALT, to taste SESAME SEEDS, to taste PREFERRED RICE NOODLES, optional

## DIRECTIONS ###

1 Add oil to a wok or large skillet on medium heat. Add cucumbers and garlic to the heated wok and cook for 2 minutes.

**2** Remove from heat and season as desired with salt. Add sesame seeds and green onion for garnish. Serve with your favorite rice noodle if desired.





PURE-FLAVOR.COM