

DIRECTIONS

BEEF TOMATO STIR-FRY





30 min

15 min PRFP.

15 min COOKING





easy

5 Pure Flavor® Roma Tomatoes, cut into wedges

1lb steak, sliced in bite-sized pieces

1/4 cup shallot, sliced

2 tbsp ketchup

2 tbsp soy sauce

1 green onion, sliced

11/2 tbsp cornstarch

- Marinate the meat with a mix of cornstarch, oil, and salt. Set aside.
- In a small bowl, combine the ketchup, soy sauce, sugar, sesame oil and pepper. Set this sauce aside.
- Spread the beef around in a pan and sear for 1 minute on high heat. Remove and set aside.
- Heat another the point in the pan over medium heat. Add ginger and let caramelize for 10 seconds. Turn the heat up to high, add garlic, shallot, and the white portions of the green onion. Toss to combine.
- Add tomatoes to the pan. Spread them around the pan in an even layer and let sear for 15 seconds. Add the rice wine vinegar and stir-fry the mixture for another 10 seconds.

21/4-inch slices of ginger

2 tsp oil

11/2 tsp sugar

11/2 tsp sesame oil

Salt & pepper, to taste

1 garlic clove, finely minced

- In the same pan, add the sauce base and stir until bubbling. Add the beef in the bowl to the pan. Stir-fry on high heat until mixed well.
- Toss in the remainder of the green onions and add cornstarch. Let the sauce cook until cornstarch is cooked. Serve immediately.